



## Survey on Some Hormonal Residues in Chicken Meat, Liver and Kidneys

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### ABSTRACT

The study was planned to estimate the 17 $\beta$ -Estradiol and Zeranol residues in 100 samples of chicken carcasses and their livers and kidneys. Samples were randomly collected from different localities in Cairo and Giza markets and were analyzed using Enzyme-linked Immuno-Sorbent Assay (ELISA) method. The mean values (ppb) of 17 $\beta$ -Estradiol in chicken muscle, livers and kidneys were 0.782 $\pm$ 0.07, 1.53 $\pm$ 0.09 and 2.077 $\pm$ 0.08, respectively. While, the mean values (ppb) of Zeranol in chicken muscle, livers and kidneys were 0.1065 $\pm$ 0.01, 0.1235 $\pm$ 0.01 and 0.262 $\pm$ 0.02, respectively. Accordingly, it seems that the use of these hormones in chicken farms constitute a public health hazard, so we need to routinely monitor these chemical residues as food quality control measure.

**Keywords:** 17 $\beta$ -Estradiol, Zeranol, anabolic hormones

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### 1. INTRODUCTION

Chicken meat is widely available, relatively in expensive and can be of central importance in helping to meet shortfalls in essential nutrients, particularly of impoverished people. The incidence of several common metabolic diseases associated with deficiencies of critical dietary minerals, vitamins and amino acids can be reduced by the contribution of poultry products rich in all essential nutrients except vitamin C. (Fafrell, 2014).

Anabolic agents are substances with physiological functions similar to those of human sex steroids, which increase nitrogen retention and protein deposition in farm animals (Hoffmann and Evers, 1986).

17 $\beta$ -Estradiol affects body weight by enhancing secretion of growth hormone but it result in a great suppression in LH values. Generally withdrawal of estradiol greatly

influenced by the level of lipid content of different tissues.

The consumption of meat containing estrogenic material resulted in fluctuation in estrogenic hormones and significant disorder in gonadotrophins of lactating mother (Ayat 1987).

Zeranol is a synthetic hormone obtained from the mycotoxin zeralenone which is produced from the fungus *Fusarium graminearum*. It is used as growth promoter for fattening animals and it has estrogenic effect (mimics 17- $\beta$  estradiol). Their residue in meat and milk is possible cause of premature sexual development in children.

The most serious potential hazards arising from using of anabolic steroids are the tissue residues of these substance and its metabolites. The effect of these residues is greater on human as it can cause early puberty for girls and boys , liver tumors , carcinoma and increase embryo mortality (Ibrahim,2009).

Therefore, the aim of this work is detection of hormonal residues (17  $\beta$  estradiol and zeranole) in local market chickens to determine the amount of hormones that used illegally in farms and marketed without complete withdrawal.

## 2. MATERIALS AND METHODS

### 2.1. Collection of samples:

A total of 100 samples of chicken carcasses and their livers and kidneys were collected from different localities at Cairo and Giza markets. the samples were collected in polyethylene bags and rapidly transferred to laboratory for detection of their hormonal residues according to manual kits ELISA R-Biopharma AG , Darmstadt ,Germany.

- a. Preparation of samples
  - i. Detection of 17  $\beta$ - Estradiol residues:-
    - 1) Skin and fat were removed from the muscle.
    - 2) Ten grams of the ground muscle were homogenized with 10 mL of 67mM PBS buffer by mixer for 5min.
  3. Two grams of homogenized sample were mixed with 5mL of tertiary butyl methyl ether (TBME) in a centrifugal screw cap vial and shaken vigorously by shaker for 30-60min.
  4. The contents were centrifuged at 3000 rpm for 10 min.
  5. The supernatant was kept and the extraction with TBME was repeated.
  6. The supernatants were combined and evaporated then the dried extract was dissolved in 1mL of 40% methanol for MT and 80% methanol for TBA.
  7. The methanolic solution was diluted with 2mL of 20mM PBS-buffer and applied to a RIDA C18 column (solid phase extraction column with C18 end-capped sorbent of an average particle size of 50 $\mu$ m) (Art. No. R2002); flow rate: 1 drop / sec.
    - Column was rinsed by flowing of 3mL methanol (100%).
    - Column was equilibrated by injection of 2mL PBS – Buffer (20mn).
    - 3mL of sample was loaded on column.
    - Column was rinsed by injection of 2mL methanol (40%).
    - Column was dried by pressing nitrogen through it for 3min.
    - Sample was eluted slowly by injection of 1mL methanol (80 %) An aliquot of the eluate was diluted with water, then 20 $\mu$ L per well of resulting solution was used in the test.

### 2.2.2. Detection of Zeranol residues:-

1. Fat was removed from the muscle and the sample was grounded.
2. One gram of ground sample was homogenized with one ml of 20mM PBS-buffer in a centrifugal screw cap vial ,then mixed vigorously (vortex)
3. Ten ml of tertiary butyl methyl ether (TBME) was added to the homogenate and shaken carefully for 30 min.
4. Then Centrifuged for 10 min / 4000 rpm
5. the supernatant (ether layer) was transferred into another centrifugal screw cap vial and evaporated to dryness at 60<sup>o</sup> c
6. The dried residue was dissolved in 1ml chloroform and 3ml of 1M NaOH and mixed vigorously for 30 sec (vortex)
7. Then Centrifuged for 10 min / 4000 rpm
8. The NaOH extract (upper aqueous layer) was transferred into another centrifugal screw cap vial that contains 250 µl acetic acid (96%)
9. Five ml of tertiary butyl methyl ether (TBME)was added and mixed for 30 sec (vortex)
10. Then Centrifuged for 10 min / 4000 g
11. The sample was frozen out at -25<sup>o</sup> c for approx. 60 min (lower phase has to be frozen)
12. The supernatant (ether layer) was transferred into another centrifugal screw cap vial and evaporated to dryness at 60<sup>o</sup> c

13. The dried residue was dissolved in 2 ml of sample dilution buffer
14. Twenty µl was used per well in the assay.

### 2.3. Test procedures

The test procedures were done according to the chart enclosed in the kits of RIDA<sup>R</sup> and RIDS screen .R is register trademarks of R-Biopharm AG. Manufacture: R-Biopharm AG, Darmstadt, Germany. R-Biopharm AG is ISO certified.

The results were calculated by this equation:

$$\% \text{ absorbance} = (\text{OD sample} / \text{OD standard}) \times 100$$

, results were calculated as ppt.

In order to obtain the 17β-Estradiol and Zeranol concentration in ppt actually contained in the samples . the concentration were read from the calibration standard curve. {for 17β-Estradiol (Fig.1) & for Zeranol (Fig.2)}.

### 3. RESULTS

-Mean values of 17β-Estradiol in chicken muscle, livers and kidneys were 0.782±0.07, 1.53±0.09 and 2.077±0.08 µg/ kg, respectively.

-Mean values of Zeranol in chicken muscle, livers and kidneys were 0.1065±0.01, 0.1235±0.01 and 0.262±0.02 µg/ kg, respectively.

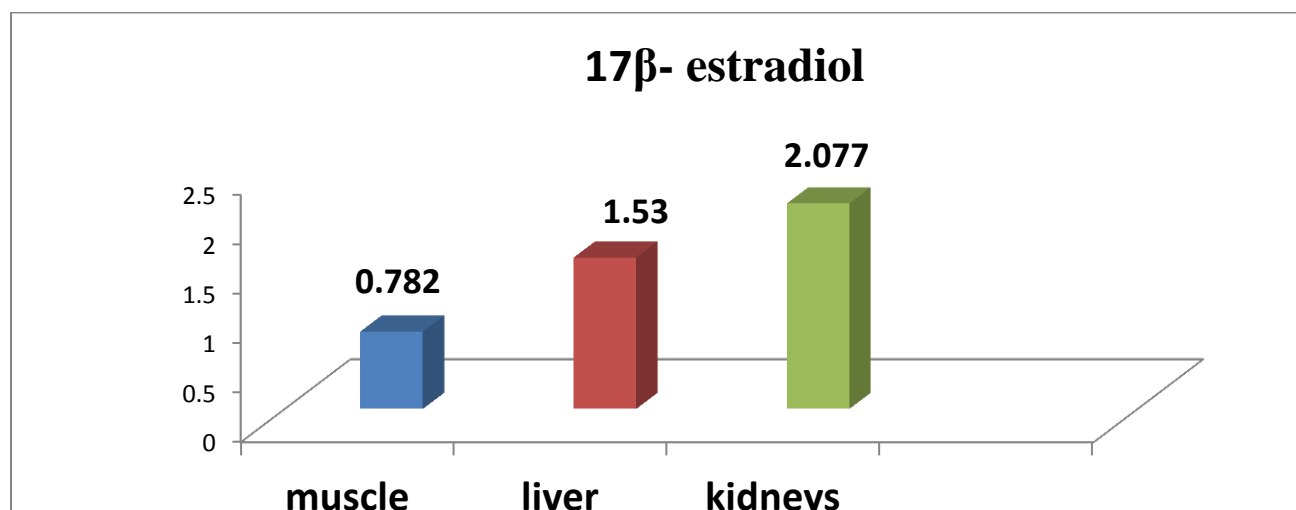
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Table (1): Statistical analytical results of 17β- estradiol residues (ppb) in the examined chicken samples by ELISA method (n= 100)

Examined tissues	Positive samples		Min.	Max.	Mean ±SE	PL* <2ppb	
	No.	%				No.	%
Muscle	100	100	0.043	0.621	0.782±0.07	100	100
Liver	100	100	0.379	2.957	1.53±0.09	29	29
kidney	100	100	0.985	3.377	2.077±0.08	18	18

PL\* : permissible limit according to EOS (1992)

Fig (1): Mean values of 17β- estradiol residues in the examined chicken samples by ELISA method

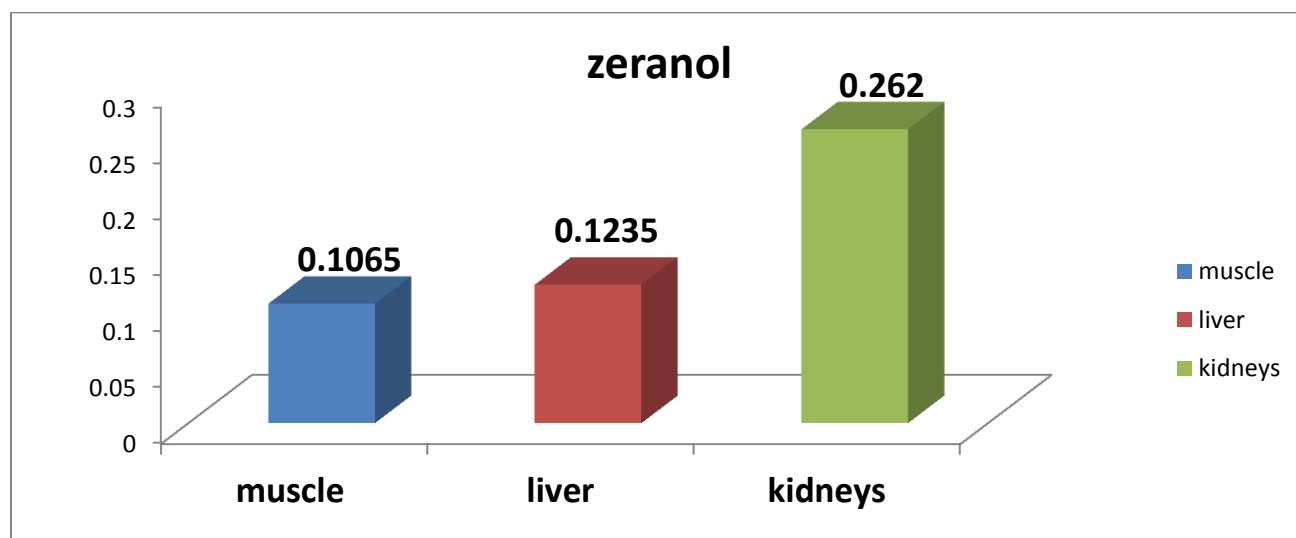


Examined tissues	Positive samples		Min.	Max.	Mean $\pm$ SE	MRL*	
	No.	%				No.	%
Muscle	100	100	0.011	0.143	0.1065 $\pm$ 0.01	100	100
Liver	100	100	0.106	0.192	0.1235 $\pm$ 0.01	100	100
kidney	100	100	0.122	0.389	0.262 $\pm$ 0.02	100	100

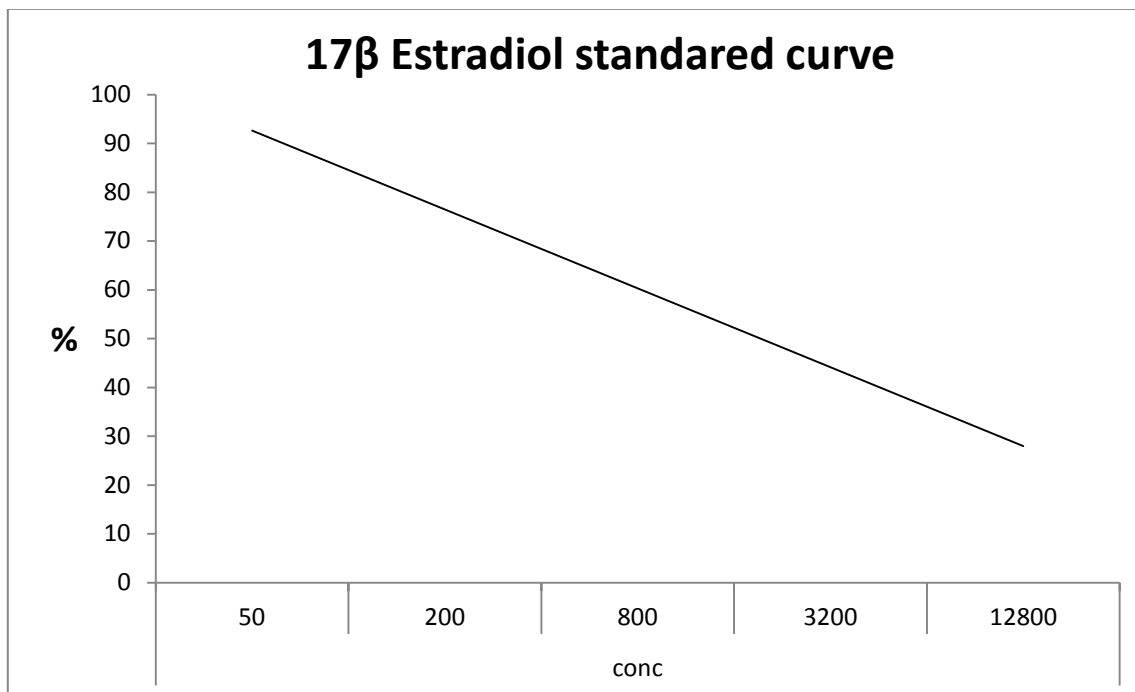
Table (2): Statistical analytical results of zeranol residues (ppb) in the examined Chicken samples by ELISA method (n= 100)

MRL\*: Maximum residue limit in Muscle (2ppb) in liver (10ppb) according to Codex Alimentarius commission (2017)

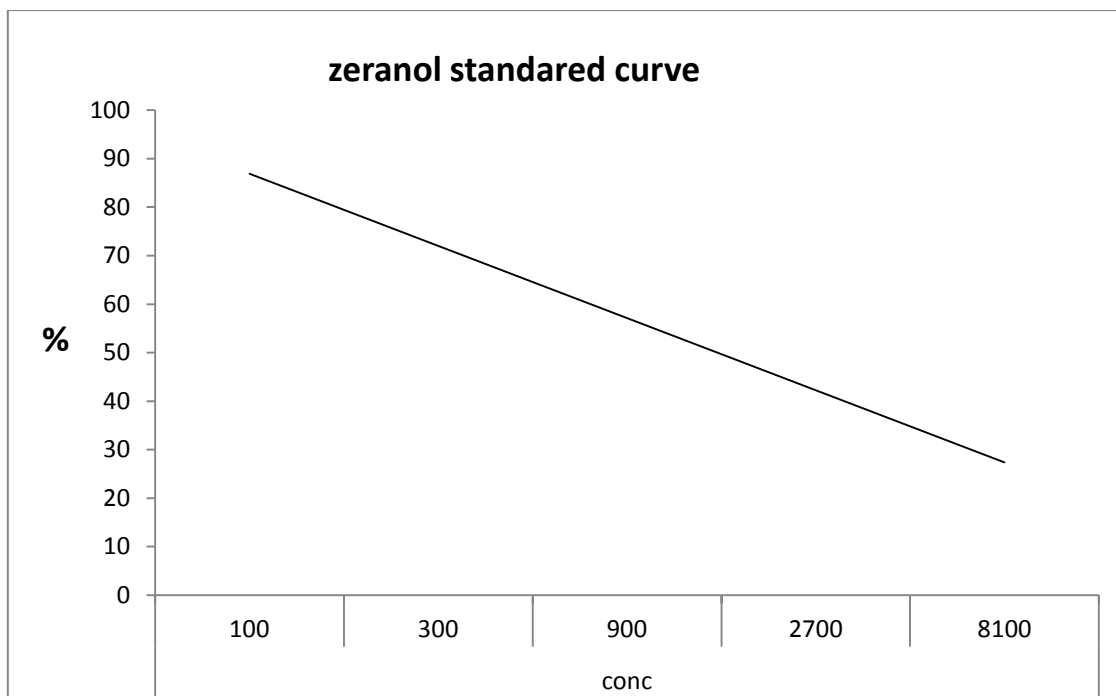
Fig (2): Mean values of Zeranol residues in the examined chicken samples by ELISA method



(Fig.A): standard curve of  $17\beta$  Estradiol .



(Fig.B): standard curve of Zeranol.



#### 4. DISCUSSION

Recently, hormones and hormone like substances have been used in livestock production to obtain a high yield performance in shorter period of time. These agents are used to increase weight gain, to improve the food efficiency, storing protein and to decrease fatness. (Asia and Akzira, 2016)

According to the results that obtained by ELISA in table (1) and Fig(1) the mean values of 17 $\beta$ - estradiol were 0.782 $\pm$ 0.07, 1.53 $\pm$ 0.09 and 2.077 $\pm$ 0.08 ppb with minimum values of 0.043, 0.379, 0.985ppb while maximum values of 0.621, 2.957, 3.377ppb in muscle, liver and kidneys, respectively

Lower findings were obtained by Doyle (2000) who found 17 $\beta$ - estradiol in chicken meat was ranged from < 0.03- 0.02 ppb. While higher findings were obtained by Sadek *et al.*,(1998) who found 17 $\beta$ - estradiol in chicken meat and Liver were 0.865, 4.216 ppb respectively.

The acceptability of samples according to permissible limit (>2ppb) stipulated by the Egyptian Organization for standardization and quality control (EOS),(1992)is shown in table (1). Accurately, 100 (100%), 29(29%) and 18(18%) samples in muscle, livers and kidneys, respectively. No samples were exceeding the permissible limit stated by Gracey (1986). While EL-Neklawy (1989) and Doyle (2000) found 46,45samples in muscle and fat respectively within the physiological level.

The presence of natural steroid hormones in chicken meat may be attributed to the fact that the natural steroid hormones are secreted by the gonads and adrenals (Rico *et al.*, 1981).

Table (2) and Fig (2) revealed that the mean values of zeranol residues 0.1065 $\pm$ 0.01, 0.1235 $\pm$ 0.01 and 0.262 $\pm$ 0.02 ppb with minimum values of 0.011, 0.106 and 0.122 while maximum values of 0.143, 0.192 and 0.389 ppb in muscle, livers and kidneys, respectively.

Lower findings were obtained by Sadek *et al.*,(1998) who not found any residues of zeranol in chicken muscle .While higher findings were obtained by Xiamong *et al.*.,(2002) who found zeranol residues (2.5 ppb) in liver samples of chickens.

Table (2) indicated that there were no samples above the maximum residue limit (MRL) 2ppb in muscle while, 10 ppb in liver according to Codex Alimentarius Commission (2017)

Accordingly, it seems that the present status of these anabolic hormones in market is not at risk but on the other hand, these results do not exclude the possibility of misuse of these anabolic hormones in the future and significantly increase exposure of humans, particularly children, to trenbolone which may adversely affect health. Therefore, there is need to routinely monitor these chemical residues as a food quality control measure.

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